

Participant Information Statement

20-Year Preventive Health Strategy



Introduction

We invite you to take part in this consultation to develop the 20-Year Preventive Health Strategy for Tasmania.

This Participant Information Statement gives you information about the consultation. It will help you decide if you want to take part.

Please read this information. Ask questions about anything that you don't understand or want to know more about. Contact details are at the end of this document.

Participation is voluntary. Before deciding whether to take part, you might want to talk it through with someone you know and trust. This can help make sure it's something that you feel comfortable doing.

If you decide you want to take part in the consultation, the ways you can take part are listed later in this document.

Consultation

What is the purpose of this consultation?

We are currently seeking feedback from all Tasmanians. This will help ensure our Strategy addresses the needs and opportunities in Tasmania.

Your feedback will inform the development of both the 20-Year Preventive Health Strategy and its action plans.

What does participation in this consultation involve?

There are multiple ways that you can take part in consultation to develop the Strategy. These are listed on our website: www.health.tas.gov.au/20-year-preventive-health-strategy.

They include:

- Community Online Consultation form.
- Stakeholder Online Consultation form.
- Email responses in any format, including text, pictures, voice recordings, or short videos.
- Phone the Public Health Hotline on 1800 671 738 and selecting option 3 during business hours.

The consultation form is expected to take approximately 15 minutes to complete.

How can I prepare for consultation?

It might help to think about the questions in the Discussion Paper and make notes about your perspective and experiences. This will help you remember everything you want to cover in the consultation.

Consultation questions

The consultation questions can be found in the Discussion Paper here: www.health.tas.gov.au/publications/discussion-paper-20-year-preventive-health-strategy.

All questions are optional. You can choose which questions you would like to respond to, or you can respond to them all.

Please remember that we want to know what you think and feel and that there are no right or wrong answers.

What if I withdraw from this consultation?

You can choose to stop participating in the consultation at any time for any reason.

If you decide that you wish to withdraw from participation part way through the consultation, that is okay. You can let the project team know that you've changed your mind.

Data collected up to the time you withdraw will form part of the consultation results. If you do not want your data included, please let the consultation team when you withdraw.

Your decision whether to take part or not to take part, or to take part and then withdraw, will not affect your relationship with the Department of Health.

Additional costs and reimbursement

Participating in this consultation is free so the Department of Health will not provide any reimbursements.



How will the results be reported?

The results of this consultation will be captured in:

- A consultation report.
- The 20-Year Preventive Health Strategy and its action plans.

These documents will be published on the Department of Health website at:

www.health.tas.gov.au/20-year-preventive-health-strategy.

The information may also be presented at relevant meetings. Individual participants will not be identifiable in any reports arising from the project.

What are the possible benefits of taking part?

We cannot guarantee or promise that you will receive any benefits from this consultation. However, your participation in this consultation will contribute to finding solutions to make Tasmania healthier.

Your feedback will inform the development of both the 20-Year Preventive Health Strategy for Tasmania and its action plans.

What are the possible risks and disadvantages of taking part?

We do not expect the consultation to cause distress. However, some themes that relate to aspects of preventive health may bring up strong feelings or stir up personal experiences for some people.

Although your personal experiences will shape your input into the consultation, you are not required to share your personal stories. Our focus in this consultation is on identifying practical actions to improve the systems that affect our health and support people in adopting healthier behaviours.

If you feel that you may find questions about these themes upsetting, you may prefer not to participate in this consultation. If you do become distressed, we suggest that you have access to supports that you usually find helpful.

You are also able to contact one of the services listed at the end of this document if you need them. If you, or anyone else is in immediate danger, call 000.

What information do I need to provide?

You can view the Department of Health Personal Information Protection Statement here:

www.health.tas.gov.au/personal-information-protection-statement



The personal information that we will collect and use is:

- Your name.
- The perspective that you are providing to the consultation.
- Your contact details. This will be used to in case you would like to receive a copy of the Strategy.

By participating in this consultation, you consent to the consultation team collecting and using personal information about you for the consultation.

Your information will only be used for the purpose of this consultation, and it will only be disclosed with your permission, except as required by law.

It is anticipated that the results of this consultation will be published and/or presented in a variety of forums. In any publication and/or presentation, information will be provided in such a way that you cannot be identified, except with your express permission.

Your personal information will be managed by the Department of Health in accordance with the *Personal Information Protection Act 2004* and may be accessed by the person to whom it relates on request to the Department. This means that you have the right to request access to the information about you that is collected and stored by the consultation team. You also have the right to request that any information with which you disagree be corrected. Please inform the consultation team member named at the end of this document if you would like to access your information.

Any information obtained for the purpose of this consultation that can identify you will be treated as confidential and securely stored. It will be disclosed only with your permission, or as required by law.

The information is subject to the *Right to Information Act 2009* (RTI). If you have advised that you wish all or part of your responses to be treated as confidential, your reasons will be considered when determining whether to disclose the information in the event of an RTI application for assessed disclosure.

All information will be kept strictly confidential and will be stored on a secure server in accordance with the Department's *Records and Information Management Policy* and *Management of Personal Information Protection Policy*.

Data will be collected and managed using Content Manager 9 (CM9) hosted at the Department of Health. CM9 is the Department's official authoritative recordkeeping system which meets all metadata and recordkeeping functionality to comply with the *Archives Act 1983*.

Who is organising and funding the consultation?

This consultation is being conducted by the Department of Health on behalf of the Tasmanian Government. Funding for this consultation is provided by the Department of Health as part of a core initiative within Public Health Services.



Further information and who to contact

If you have any questions or require further information, please email the Public Health Services team at: consultation@health.tas.gov.au

For more information about the project, visit the Department of Health website at: www.health.tas.gov.au/20-year-preventive-health-strategy.

If you require further information or have any problems concerning this consultation, please contact:

Al Brown

Project Manager – Preventive Health Strategy

E al.brown@health.tas.gov.au

E consultation@health.tas.gov.au

P 1800 671 738 and select option 3 during business hours

Please speak with the contact above if you have:

- Concerns about your rights as a participant in this consultation.
- A complaint about the manner in which the consultation is conducted.

If you would prefer an independent person, you can lodge feedback with the Department of Health through: <https://www.health.tas.gov.au/contact-us/general-enquiries>

Consent

By participating you are providing consent and acknowledging that you:

- Have received and read the Participant Information Statement.
- Understand the purposes, procedures and risks of the consultation described.
- Have had an opportunity to ask questions and are satisfied with the answers received.
- Freely agree to participate in this consultation as described.
- Consent to the use of your personal information as described.



Crisis Support (24/7)

Lifeline

13 11 14 or text 0477 13 11 14

www.lifeline.org.au

13YARN

13 92 76

www.13yarn.org.au

Suicide Call Back Service

1300 650 467

www.callbackservice.org.au

SANE Australia Helpline

1800 187 263

www.sane.org

Beyond Blue Support Service

1300 224 636

www.beyondblue.org.au

Kids Help Line

1800 551 800

www.kidshelpline.com.au

MensLine Australia

1300 789 978

www.mensline.org.au

Open Arms (Veterans and their families)

1800 011 046

www.openarms.gov.au

1800RESPECT

1800 011 046

www.1800respect.org.au

Brother to Brother Crisis Line

1800 435 799

www.dardimunwurro.com.au/brother-to-brother

Non-Crisis Support

Access Mental Health

1800 332 388

24 hours a day, 7 days a week

Safe Haven

Peacock Centre, 10 Elphinstone Road,
North Hobart 7000

9:00am–10:00pm, 7 days a week

Launceston Head to Health

62-64 Canning Street, Launceston TAS
7250

9:00am–9:00pm, Monday to Friday

10:00am–2:00pm, Saturday and Sunday

Head to Health Phone Service

1800 595 212

8.30am–5:00pm weekdays (except public holidays)

www.headtohealth.gov.au

A Tasmanian Lifeline

1800 984 434

8:00am–8:00pm, 7 days a week

atasmanianlifeline.com.au



**Mental Health Families & Friends
Tasmania**

03 6228 7448

9:00am–5:00pm, Monday to Friday

www.mhfamiliesfriends.org.au

eheadspace

1800 650 890

9:00am–1:00am, 7 days a week

headspace.org.au/online-and-phone-support

SANE Australia Helpline

1800 187 263

10:00am–10:00pm, Monday to Friday

www.sane.org

Qlife

1800 184 527

3:00pm–midnight, 7 days a week

[www.qlife.org.au](http://www qlife.org.au)

GriefLine

1300 845 745

8:00am–8:00pm, 7 days a week

griefline.org.au

Carer Gateway

1800 422 737

8:00am–5:00pm, Monday to Friday

www.carergateway.gov.au

Fortem Australia

1300 33 95 94

9:00am–5:00pm, Monday to Friday

fortemaustralia.org.au

Butterfly National Helpline

1800 33 4673

8:00am–midnight

butterfly.org.au

**Blue Knot Helpline and Redress
Support Service**

1300 657 380

9:00am–5:00pm

blueknot.org.au

PANDA National Helpline

1300 726 306

9:00am–7:30pm Monday to Friday

9:00am–4:00pm Saturdays and public
holidays

panda.org.au

Listening Ear

02 9477 6777

9:00am–9:00pm

listeningear.org.au

Wellways Helpline

1300 111 500

9am–9pm, except public holidays

<https://www.wellways.org/>

G'day Line (over 50s)

1300 920 552

8:00am–8:00pm

griefline.org.au/gday-line





Department of **Health**
GPO Box 125
Hobart TAS 7001

1300 135 513

www.health.tas.gov.au