

Communicable Diseases Prevention Unit, Public Health Services

RespTas Report

Tasmanian Acute Respiratory Illness Surveillance Report Week ending 14 April 2024



Section 1. Activity Indicators

Summary

Acute respiratory illness (ARI) activity in Tasmania is currently low and stable.

COVID-19 activity is currently moderate but increasing.

Influenza activity is currently low but increasing.

Respiratory syncytial virus (RSV) activity is currently low but increasing.

1.1 Community acute respiratory illness surveillance

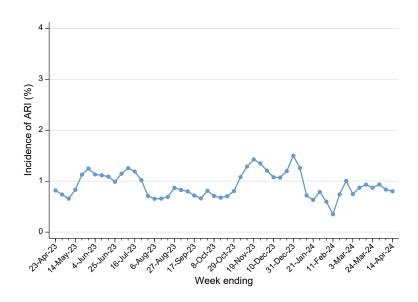
ARI activity in the community is monitored via FluTracking, a longstanding online influenza-like illness surveillance system. Further information is provided in the Appendix. Visit https://info.flutracking.net to participate.

Table 1. Acute respiratory illness reported by FluTracking participants, Tasmania, last four weeks

Week ending	Number of participants	Number reporting ARI	Percentage reporting ARI (%)
24-Mar-24	3,088	27	0.9
31-Mar-24	3,205	30	0.9
7-Apr-24	3,344	28	0.8
14-Apr-24	3,234	26	0.8

ARI - Acute respiratory illness, defined as fever and cough. Data shown are rolling two-week averages. Source: FluTracking, Hunter New England Local Health District, New South Wales Ministry of Health.

Figure 1. Proportion of FluTracking participants reporting acute respiratory illness by week, Tasmania, last 52 weeks



ARI - Acute respiratory illness, defined as fever and cough. Data shown are rolling two-week averages. Source: FluTracking, Hunter New England Local Health District, New South Wales Ministry of Health.

1.2 Sentinel laboratory surveillance

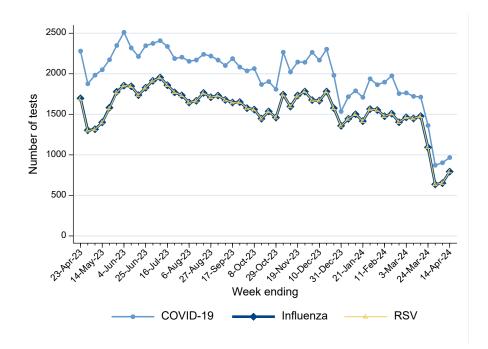
Diagnostic Services Pty Ltd (DSPL) (Hobart Pathology, Launceston Pathology, North West Pathology) and Royal Hobart Hospital (RHH) Pathology provide polymerase chain reaction (PCR) testing data weekly to the Tasmanian Department of Health for surveillance purposes. Further information is provided in the Appendix.

Table 2. PCR testing for respiratory pathogens, DSPL and RHH Pathology, Tasmania, week ending 14-Apr-24

Pathogen	Number of tests	Number of positive tests	Percent positive
Adenovirus	443	10	2.3
Bordetella pertussis*	172	0	0.0
Influenza A	794	47	5.9
Influenza B	794	2	0.3
Metapneumovirus	443	4	0.9
Mycoplasma pneumoniae*	172	2	1.2
Parainfluenza	443	16	3.6
RSV	794	31	3.9
Rhinovirus	443	73	16.5
SARS-CoV-2	967	90	9.3

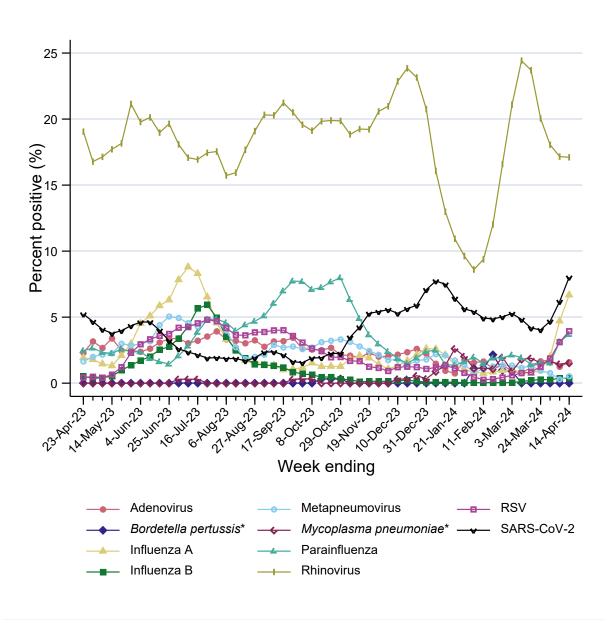
^{*} RHH only. PCR — Polymerase Chain Reaction, DSPL — Diagnostic Services Pty Ltd, RHH — Royal Hobart Hospital. Sources: DSPL and RHH Pathology.

Figure 2. PCR testing for COVID-19, influenza and RSV by week, DSPL and RHH Pathology, Tasmania, last 52 weeks



^{*} RHH only. PCR — Polymerase Chain Reaction, DSPL — Diagnostic Services Pty Ltd, RHH — Royal Hobart Hospital. Sources: DSPL and RHH Pathology.

Figure 3. Positivity of PCR testing for respiratory pathogens by week, DSPL and RHH Pathology, Tasmania, last 52 weeks



^{*} RHH only. PCR — Polymerase Chain Reaction, DSPL — Diagnostic Services Pty Ltd, RHH — Royal Hobart Hospital. Data shown are rolling three-week averages. Sources: DSPL and RHH Pathology

1.3 Notifiable disease surveillance

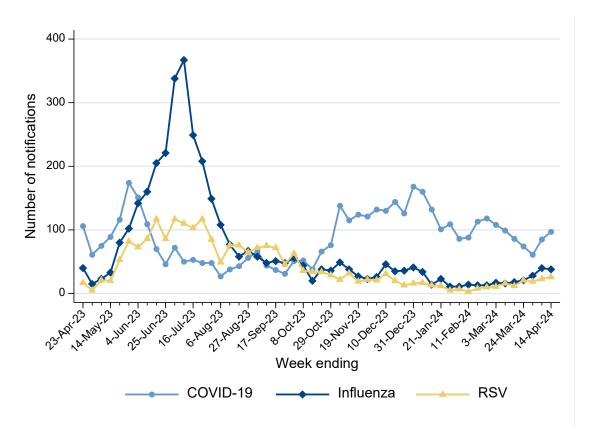
COVID-19, influenza and respiratory syncytial virus (RSV) diagnoses are notifiable to the Tasmanian Department of Health. Further information including case definitions is provided in the Appendix.

Table 3. COVID-19, influenza and RSV notifications, Tasmania, last four weeks

Week ending	COVID-19 notifications	COVID-19 rate*	Influenza notifications	Influenza rate*	RSV notifications	RSV rate*
24-Mar-24	74	12.9	21	3.7	21	3.7
31-Mar-24	61	10.6	28	4.9	19	3.3
7-Apr-24	85	14.8	40	7.0	23	4.0
14-Apr-24	97	16.9	38	6.6	26	4.5

Confirmed cases only. * Notification rate per 100,000 population. Sources: Tasmanian Notifiable Disease Surveillance System (TNDSS), Australian Bureau of Statistics estimated resident population (Jun 2023).

Figure 4. Number of notifications of COVID-19, influenza and RSV by week, Tasmania, last 52 weeks

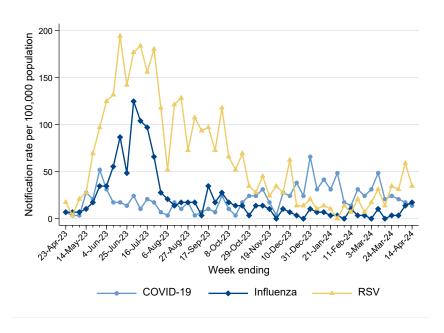


Confirmed cases only. Source: Tasmanian Notifiable Disease Surveillance System (TNDSS).

Notifiable disease rates by age group

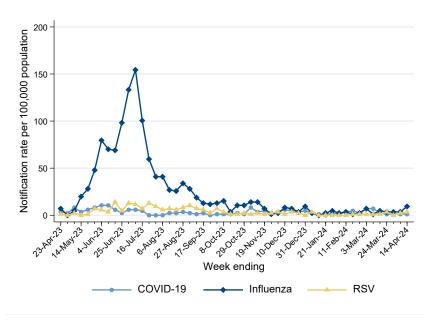
Note: The y-axis scale varies between figures as determined by the data; consider the scale when comparing rates across age groups.

Figure 5. COVID-19, influenza and RSV notification rates by week, 0- to 4-year-olds, Tasmania, last 52 weeks



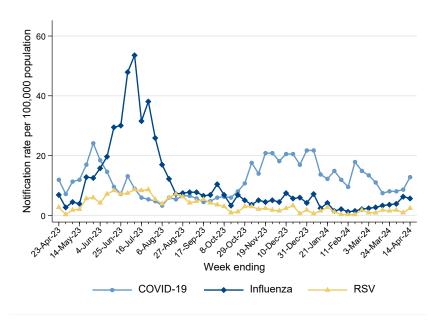
Confirmed cases only. Sources: Tasmanian Notifiable Disease Surveillance System (TNDSS), Australian Bureau of Statistics estimated resident population (Jun 2023).

Figure 6. COVID-19, influenza and RSV notification rates by week, 5- to 17-year-olds, Tasmania, last 52 weeks



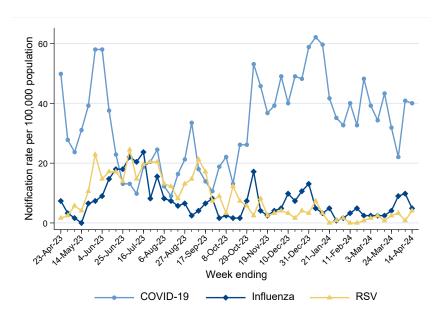
Confirmed cases only. Sources: Tasmanian Notifiable Disease Surveillance System (TNDSS), Australian Bureau of Statistics estimated resident population (Jun 2023).

Figure 7. COVID-19, influenza and RSV notifications by week, 18- to 64-year-olds, Tasmania, last 52 weeks



Confirmed cases only. Sources: Tasmanian Notifiable Disease Surveillance System (TNDSS), Australian Bureau of Statistics estimated resident population (Jun 2023).

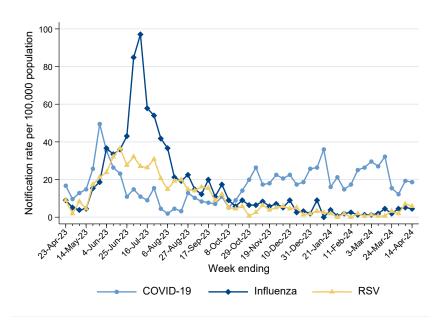
Figure 8. COVID-19, influenza and RSV notifications by week, people aged 65 years and over, Tasmania, last 52 weeks



Confirmed cases only. Sources: Tasmanian Notifiable Disease Surveillance System (TNDSS), Australian Bureau of Statistics estimated resident population (Jun 2023).

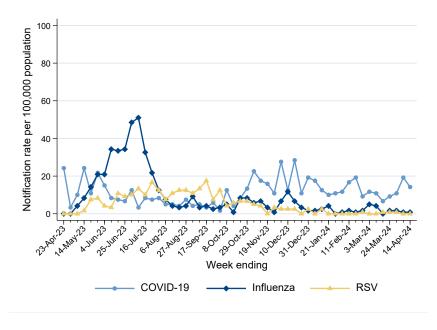
Notifiable disease rates by region of residence

Figure 9. COVID-19, influenza and RSV notification rates by week, North region residents, Tasmania, last 52 weeks



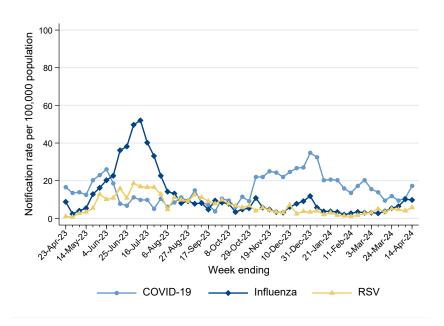
Confirmed cases only. Sources: Tasmanian Notifiable Disease Surveillance System (TNDSS), Australian Bureau of Statistics estimated resident population (Jun 2022).

Figure 10. COVID-19, influenza and RSV notification rates by week, North-West region residents, Tasmania, last 52 weeks



Confirmed cases only. Sources: Tasmanian Notifiable Disease Surveillance System (TNDSS), Australian Bureau of Statistics estimated resident population (Jun 2022).

Figure 11. COVID-19, influenza and RSV notification rates by week, South region residents, Tasmania, last 52 weeks

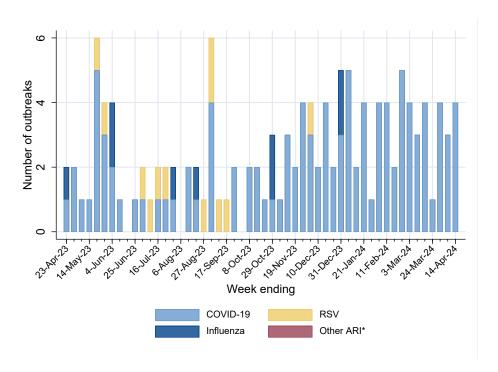


Confirmed cases only. Sources: Tasmanian Notifiable Disease Surveillance System (TNDSS), Australian Bureau of Statistics estimated resident population (Jun 2022).

1.4 Outbreak surveillance – residential aged care facilities

In the event of a respiratory outbreak (defined as 2 or more resident cases within 72 hours) residential aged care facilities (RACFs) are required to notify the Tasmanian Department of Health. The COVID-19 Outbreaks in Residential Aged Care Facilities: Toolkit provides guidance on the prevention, identification and public health response to acute respiratory illness outbreaks in RACF settings in Tasmania.

Figure 12. Acute respiratory illness outbreaks in residential aged care facilities by pathogen, Tasmania - last 52 weeks



RSV - Respiratory syncytial virus. * Other ARI - acute respiratory illness (causative pathogen is not notifiable or not yet known). Source: Tasmanian Acute Respiratory Outbreak Register.

Table 4. Number of new acute respiratory illness outbreaks in residential aged care facilities by disease and region, Tasmania, last four weeks

Region	Number of COVID-19 outbreaks	Number of influenza outbreaks	Number of RSV outbreaks	Number of other ARI* outbreaks
North	2	0	0	0
North-West	2	0	0	0
South	8	0	0	0
Total	12	0	0	0

RSV - Respiratory syncytial virus. * Other ARI - acute respiratory illness (causative pathogen is not notifiable or not yet known). Source: Tasmanian Acute Respiratory Outbreak Register.

The Australian Department of Health and Aged Care's <u>COVID-19 outbreaks in Australian</u> <u>residential aged care facilities report</u> provides a weekly snapshot of the impact of COVID-19 in residential aged care facilities nationally.

1.5 COVID-19 whole genome sequencing

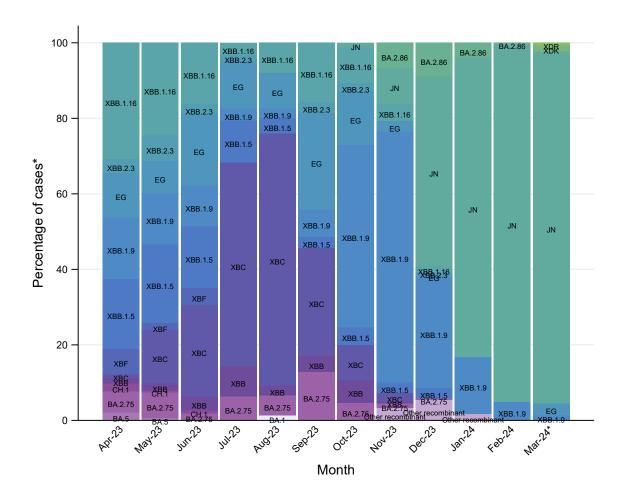
In the four weeks to 31-Mar-24, sublineage was known for 36.6% of confirmed cases of COVID-19 (117/320).

Table 5. Most common COVID-19 sublineages, Tasmania, four weeks to 31-Mar-24

Sublineage	Number of notifications	Percentage of notifications
JN	110	94.0
EG	2	1.7
XBB.1.9	2	1.7
XDK	2	1.7
Others	1	0.9
Total*	117	100.0

Based on the four weeks to 31-Mar-24. Four most frequently identified sublineages stated in the table. * Where sublineage known. Source: Tasmanian Notifiable Disease Surveillance System (TNDSS).

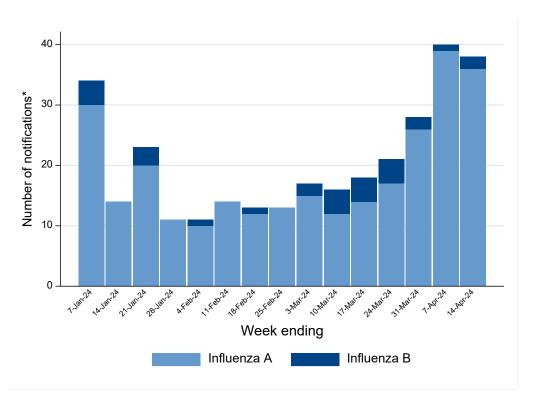
Figure 13. Notifications of COVID-19 by sublineage, Tasmania, last 12 months to 31-Mar-24



^{*} Where sublineage known. Source: Tasmanian Notifiable Disease Surveillance System (TNDSS).

1.6 Influenza typing

Figure 14. Notifications of influenza by virological type and week, Tasmania, 2024



Source: Tasmanian Notifiable Disease Surveillance System (TNDSS).

Table 6. Notifications of influenza by virological subtype/lineage, Tasmania, 2024 year-to-date

Data on virological subtype/lineage will be included in the report at a later date.

2. Severity indicators

Local indicators of severity sourced from Tasmanian FluTracking participants are provided here. The <u>Australian Respiratory Surveillance Report</u> provides an understanding of disease severity and impact at a national level.

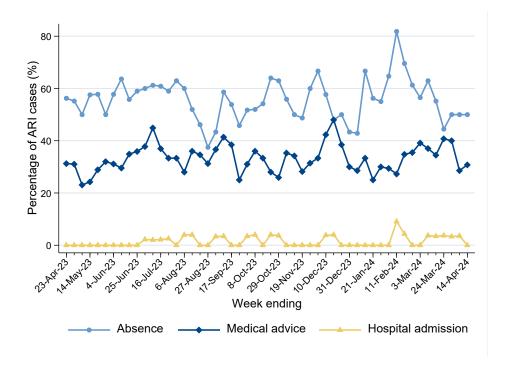
2.1 Acute respiratory illness in the community

Table 7. Severity indicators reported by FluTracking participants, Tasmania, last four weeks

Week ending	Number reporting ARI	Absent from work or normal duties ≥3 days (%)*	Sought medical advice (%)*	Admitted to hospital (%)*
24-Mar-24	27	44.4	40.7	3.7
31-Mar-24	30	50.0	40.0	3.3
7-Apr-24	28	50.0	28.6	3.6
14-Apr-24	26	50.0	30.8	0.0

Data shown are rolling two-week averages. ARI - Acute respiratory illness, defined as fever and cough. *Due to ARI, as reported by participants. Source: FluTracking, Hunter New England Local Health District, New South Wales Ministry of Health.

Figure 15. Severity indicators reported by FluTracking participants by week, Tasmania, last 52 weeks



Data shown are rolling two-week averages. ARI - Acute respiratory illness, defined as fever and cough. Absence defined as absent from work or normal duties for 3 or more days due to ARI, medical advice defined as sought medical advice due to ARI, hospital admission defined as hospital inpatient due to ARI. All measures self-reported by participants. Source: FluTracking, Hunter New England Local Health District, New South Wales Ministry of Health.

2.2 Mortality surveillance

The Australian Bureau of Statistics (ABS) produces reports on COVID-19 mortality in Australia and mortality statistics for respiratory diseases.

COVID-19 mortality reports are updated monthly based on information contained on death certificates. Where COVID-19 is recorded on the death certificate, coding is undertaken to classify deaths as either 'due to COVID-19' or 'died with COVID-19'. Reports include counts and standardised rates of COVID-19 and COVID-19 related deaths in Tasmania. See: COVID-19 Mortality in Australia

Provisional mortality statistics for respiratory diseases (including COVID-19, influenza and other selected causes) are based on information contained on death certificates for doctor-certified deaths. See: Provisional Mortality Statistics. Public Health Services is working with the ABS to develop a Provisional Mortality Statistics Report for Tasmania.

Section 3. Indicators to monitor uptake of public health interventions

3.1 Vaccination coverage

Vaccination remains the most important measure to protect those at risk of severe disease from COVID-19 and influenza.

For the latest recommendations and eligibility guidance, see <u>COVID-19 vaccination | Tasmanian Department of Health</u> and Flu vaccination | Tasmanian Department of Health.

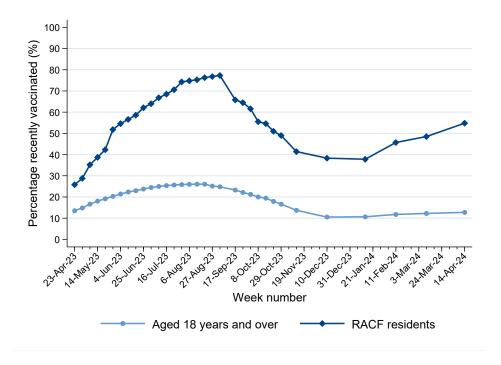
COVID-19 vaccination

Table 8. Percentage recently vaccinated* against COVID-19 by population group, Tasmania, as at 14-Apr-24

Population group	Number vaccinated	Eligible population	Percentage recently vaccinated (%)
People aged 18 years and over	58,500	458,398	12.8
Residential Aged Care Facility (RACF) residents	2,400	4,380	54.8

^{*} Any dose in the last six months. Sources: Australian Government Department of Health and Aged Care: COVID-19 Vaccine Rollout (updated monthly); Australian Bureau of Statistics estimated resident population (Jun 2023).

Figure 16. Percentage recently vaccinated* against COVID-19 by population group and week, Tasmania, last 52 weeks



^{*} Any dose in the last six months. Sources: Australian Government Department of Health and Aged Care: COVID-19 Vaccine Rollout (updated monthly); Australian Bureau of Statistics estimated resident population (Jun 2023).

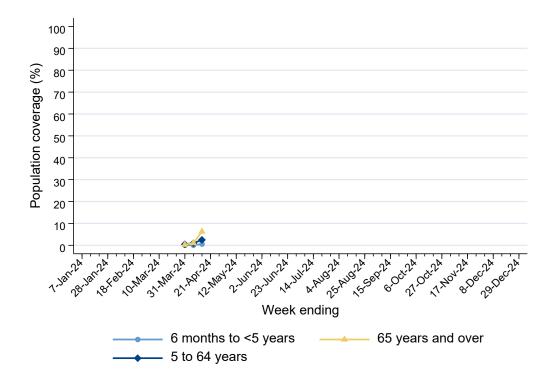
Influenza vaccination

Table 9. Influenza vaccination coverage by age group, Tasmania, 2024 year-to-date as at 14-Apr-24

Age group	Number vaccinated*	Eligible population	Population coverage (%)
6 months to <5 years	169	28,875	0.6
5 to 64 years	10,563	85,507	2.5
65 years and over	7,670	336,062	6.3
Total	18,402	450,444	3.2

^{*} Since 1 March 2024 (start of 2024 seasonal monitoring). Sources: Australian Government Department of Health and Aged Care: Australian Immunisation Register - Influenza Data, Australian Bureau of Statistics estimated resident population (Jun 2023)

Figure 17. Influenza vaccination coverage by age group and week, Tasmania, 2024 year-to-date as at 14-Apr-24



Vaccinations given since 1 March 2024 (start of 2024 seasonal monitoring). Sources: Australian Government Department of Health and Aged Care: Australian Immunisation Register - Influenza Data, Australian Bureau of Statistics estimated resident population (Jun 2023).

3.2 COVID-19 treatments

COVID-19 oral antiviral treatments are available through the Pharmaceutical Benefits Scheme for <u>eligible patients</u>. The Australian Department of Health and Aged Care provides data on scripts dispensed by month for Tasmania, found <u>here</u>.

Appendix

Surveillance systems and data sources used in this report are described below.

FluTracking

Description: FluTracking is a syndromic surveillance system for acute respiratory illness (ARI) launched in Australia in 2006 by the University of Newcastle in partnership with Hunter New England Health Local Health District, Hunter Medical Research Institute and the Commonwealth Government. ARI may be caused by COVID-19, influenza, respiratory syncytial virus (RSV) or other respiratory infections such as rhinovirus. A weekly web-based survey is sent to voluntary participants to determine ARI activity in the community based on the presence of symptoms, and if symptomatic, indicators of severity such as absence from work and normal duties, whether medical advice was sought, or admission to hospital. More information on FluTracking including how to participate can be found at: https://info.flutracking.net/.

Population under surveillance: FluTracking participants: Community members (with and without ARI symptoms) who have signed up to participate.

Activity indicator: Percentage of survey participants reporting new ARI symptoms (defined as fever and cough) in the period of interest.

Severity indicators: Percentage of survey participants reporting ARI who reported:

- absence from work or normal duties for 3 or more days due to ARI
- seeking medical advice due to ARI
- having an inpatient hospital admission due to ARI.

Reporting period and frequency: Weekly; to previous Sunday. Data are presented as rolling two-week averages to smooth weekly variation which arises due to small numbers.

Notes on interpretation: Compared with notification and testing (laboratory) data, FluTracking is less affected by health-seeking behaviours and testing practices. The self-selecting sample of participants means data may not represent true levels of ARI in the general population. Efforts are currently underway to recruit underrepresented groups including younger people, males, and Aboriginal people.

Data presented relate to new cases of ARI based on week of onset. Participants reporting absence from work/normal duties, seeking medical advice or hospital admission are recorded against the first week of the episode of ARI. Because participants can complete surveys late or report absence or medical care later in an episode of illness, data for all weeks can be subject to change.

Sentinel laboratory data

Description: Two pathology providers in Tasmania provide respiratory pathogen testing data weekly to the Tasmanian Department of Health for routine surveillance: Diagnostic Services Pty Ltd (DSPL) (Hobart Pathology, Launceston Pathology, North West Pathology) and Royal Hobart Hospital (RHH) Pathology.

Population under surveillance: Individuals who have undergone respiratory testing through DSPL and RHH Pathology.

Activity indicator by pathogen: Percent positive (percentage of tests positive for the pathogen).

Reporting period and frequency: Weekly; to previous Sunday. Data are presented as rolling three-week averages to smooth weekly variation which arises due to small numbers.

Notes on interpretation: Data presented include numbers of polymerase chain reaction (PCR) tests for a range of respiratory pathogens based on specimen collection date; more than one test may be counted per person, from different specimens or different times. These testing data cannot be directly compared with the notification data. Data are influenced by health-seeking behaviours and access, testing practices among clinicians, broader testing strategies, and laboratory practice and capacity. For example, testing reduced substantially in March 2024 due to changes in inpatient testing policy. Changes in percent positive may not represent changes in disease incidence in the community. Includes testing by DSPL and RHH Pathology. Excludes testing conducted in other laboratories in Tasmania. Data from DSPL primarily reflect primary care testing and data from RHH testing in the hospital setting. Pathogens tested for may vary by specimen, laboratory and test conducted.

Tasmanian Notifiable Disease Surveillance System (TNDSS)

COVID-19, Influenza and respiratory syncytial virus (RSV) are notifiable conditions in Tasmania under the *Public Health Act 1997*. Consequently, all pathology laboratories in Tasmania are required to notify cases that meet the nationally agreed case definitions to Public Health Services. Notifications are received regularly from public and private laboratories in Tasmania. Data are correct at the time of reporting but are subject to change due to late notifications.

Population under surveillance: Tasmanian residents or overseas visitors diagnosed in Tasmania who meet laboratory criteria for confirmed case of COVID-19, influenza and RSV. Access <u>CDNA</u> surveillance case definitions | Australian Government Department of Health and Aged Care.

Activity indicator: Notification count and rate with disaggregation by age group and region of residence.

Reporting period and frequency: Weekly; to previous Sunday.

Notes on interpretation: Data are reported by calculated onset date, the earliest of onset date, specimen date or notification date. As there is no routine public health follow up of individual cases, cases are typically reported by the week of specimen collection. COVID-19 data are based on laboratory-confirmed cases only to enable valid comparisons between COVID-19, influenza and RSV over the entire reporting period. Positive Rapid Antigen Test (RAT) registration (notification of probable cases of COVID-19) in Tasmania ceased on 12 April 2024. As with sentinel laboratory data, notification data are heavily influenced by factors including health-seeking behaviours and testing practices. Changes in surveillance indicators may reflect changes in testing practices and not actual disease incidence in the community.

Tasmanian Acute Respiratory Outbreak Register

All residential aged care facilities (RACFs) in Tasmania must notify new outbreaks of COVID-19, influenza, RSV or other acute respiratory infection to Public Health Services. Outbreaks are defined as two or more resident cases within 72 hours (as documented in COVID-19 Outbreaks in Residential Aged Care Facilities: Toolkit to support planning, preparedness and response | Tasmanian Department of Health).

Population under surveillance: Residents of RACFs in Tasmania.

Activity indicator: Count of new outbreaks in RACFs by disease and region.

Notes on interpretation: Outbreaks are reported based on the date of notification to Public Health Services.

COVID-19 whole genomic sequencing data

Population under surveillance: COVID-19 PCR positive individuals whose samples have undergone whole genome sequencing through RHH Pathology.

Reporting period and frequency: Weekly with a reporting lag of two weeks to allow time for sequencing.

Notes on interpretation: The cases sequenced are a small proportion of all infections and so results may not reflect actual occurrence in the community.

Australian Immunisation Register

The Australian Immunisation Register (AIR) is a national register that records vaccines given to all people in Australia. The AIR is administered by Services Australia on behalf of the Australian Department of Health and Aged Care. It is mandatory for vaccination providers to report COVID-19, influenza, and other vaccines on the National Immunisation Program schedule to the AIR. The AIR is governed under the Australian Immunisation Register Act 2015, and the associated Australian Immunisation Register Rule 2015. https://www.servicesaustralia.gov.au/australian-immunisation-register.

Vaccination coverage data for COVID-19 and influenza are based on publicly available data from the Commonwealth Government with additional calculations and analysis conducted by the Tasmanian Department of Health. Numbers vaccinated are taken from the Australian Department of Health and Aged Care – for COVID-19, from the 'COVID-19 Vaccine Rollout' report; for influenza, from the 'Australian Immunisation Register - Influenza Data' reports. Population denominators used for additional coverage estimates are taken from the Australian Bureau of Statistics.



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