# Tas**Equip** Over toilet frame

This fact sheet gives you important information about the general use and care of an over toilet frame. It describes how to install, use and care for the over toilet frame.

This fact sheet does not replace specific instructions given to you by the equipment prescriber.

## Installing the over toilet frame

- Use the height adjusting buttons on the legs to adjust the height so it is comfortable for the person using the over toilet frame. Your feet should be flat on the floor when sitting on the over toilet frame.
- The over toilet frame seat can be tilted so the front is lower than the back to make it easier to get on/off. To do this, set the back legs one hold higher than the front legs.
- Make sure that the height adjusting buttons on the legs are fully 'popped out' before sitting on the over toilet frame.
- Place the toilet frame over your toilet. The existing toilet seat and lid can be raised or removed altogether.



## Using the over toilet frame

- I. Stand at the toilet so the frame is touching the back of your legs.
- 2. Reach behind you and place your hands on both armrests for support.
- 3. Lower yourself onto the toilet frame seat, using the arms for support.

## CAUTION

Putting weight through only one armrest may cause the over toilet frame to tip. Always push weight through both armrests when standing up, sitting down or using the armrests as a support.







# Care of the over toilet frame

- If the over toilet frame becomes soiled, clean immediately with warm, soapy water. You can lift the toilet seat on the frame to make cleaning easier.
- Regularly check the rubber stoppers on each leg are not cracked or worn. •
- Routinely inspect for rust, that the frame is straight and the plastic is not cracked.

# **Repairs to your equipment**

If your equipment is broken, damaged, rusted or worn contact your local TasEquip warehouse to arrange for repair or replacement. Please call 1300 827 378 or contact your regional warehouse directly:

### North

63 Dowling Street (Old Becks Hardware site - entry is off Henry Street) Launceston 7250 Phone: (03) 6777 4336 Email: NthTasEquip@ths.tas.gov.au

### North West

Mersey Community Hospital Moriarty Road Latrobe 7307 Phone: (03) 6478 5599 Email: <u>NWTasEquip@ths.tas.gov.au</u>

### South

**Repat Centre** 90 Davey Street Hobart 7000 Phone: (03) 6166 7393 Email: <u>SouthTasEquip@ths.tas.gov.au</u>

**Revision Date: September 2025** 



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