Post COVID-19 Navigation Service

MyCareManager app

Thank you for enrolling in the Post COVID-19 Navigation Service.

Download the MyCareManager app

For virtual enrolment, which will enable you to complete assessment surveys on your own device, please download the MyCareManager app by clicking on the below link relevant to your device.

[Download the app for iOS (Apple) devices](#)

[Download the app for Android (Google Play) devices](#)

Login details for the MyCareManager app have been sent to your phone by text message.

Once the MyCareManager app is installed, please log into the app using the login details provided. Follow the instructions in the **Post COVID-19 Navigation Service Virtual Health Monitoring Instruction Sheet**.

Please complete your initial survey via the MyCareManager app tomorrow at any time between 8.00am and 8.00pm. This will ensure that it is available for the nurse to review before your first appointment. It will take approximately 20 minutes to complete the survey.

Support and assistance

If you cannot log into the MyCareManager app, or if you are experiencing any difficulties accessing or completing the survey, please call the Virtual Care Team on **1300 429 174** for assistance.

Tasmanian Government