How to do an oral fluid rapid antigen test (RAT)



Do not place anything in the mouth for at least 10 minutes prior to sample collection. This includes food, drink, chewing gum or tobacco products.

1. Prepare for the test. Check the expiration date on the box - do not use if the kit has expired. Ensure the kit is at room temperature for at least 30 minutes.



2. Wash your hands.



3. Open packaging and lay contents on a flat surface.



4. Deeply cough 3-5 times. Note: cover your mouth and nose with a tissue when coughing and keep distance from others.



5. Put the collection device together, squeeze the tube and spit oral fluid, then release.



6. Remove collection funnel. Add buffer to the tube. Squeeze 10-15 times.



7. Put 2 drops of extracted specimen in the sample window. Wash your hands.

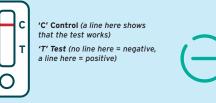


Start a timer. Don't move or lift the sample window. Read the result at 15 minutes. Do not read earlier than 15 minutes or after 20 minutes.



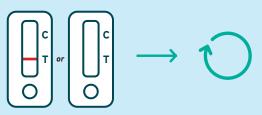
There is also a QR code on the instruction sheet that comes with the test kit. You can scan this to watch a video on how to complete the test.

Reading your result



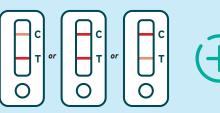
NEGATIVE

It is unlikely you have COVID.



INVALID

Take another test (and repeat steps 2-9). Having difficulty? Get a PCR test.



POSITIVE

You have COVID. If the test result line at 'T' shows a line, even faint, this is a positive result.

Register your positive result. Visit health.tas.gov.au/covid19/positive-result or call the Public Health Hotline 1800 671 738.