

Tasmania COVID-19 advice

The risk level in Tasmania is: **LOW**

When the risk level is **LOW** it may not be obvious that COVID-19 is in the community. Although the risk level is Low, COVID-19 is still circulating, and risk is not zero. Keeping up our simple everyday COVID-safe behaviours can still help make a real difference. Please follow the Public Health recommendations below.

Keep us these COVID safe behaviours:



Stay up to date with your COVID-19 vaccinations.



Stay home and get tested for COVID-19 if you have any cold or flu-like symptoms – no matter how mild.



If you must leave home wear a face mask while you still have symptoms.



Cover coughs and sneezes and wash your hands with soap and water or use alcohol-based hand sanitiser.

If you get COVID-19:

Stay at home while you have symptoms.



Wear a mask in indoor public places, away from your home, for 7 days after your positive test.



If you test positive by RAT, register your result.



If you have COVID-19 or cold or flu-like symptoms do not visit high risk settings or people at higher risk from respiratory illness for at least 7 days.



If you have been in close contact with a person who tests positive to COVID-19 – be alert for symptoms.



Stay informed.

For a full list of what do when the risk level is LOW visit:

health.tas.gov.au/covid19 or call the Public Health Hotline on 1800 671 738.

