# Workplace behaviours to keep you COVID safe.

# Follow this advice to protect yourself and others.

keep your distance stay 1.5 metres from others



reduce the risk of spreading COVID and other viruses



keep hands clean



wear a mask if you can't physically distance or are at risk from COVID-19



## cover coughs and sneezes

use a tissue or your elbow. Put used tissues in the bin immediately.



### clean and disinfect

wash or sanitise your hands frequently

frequently touched surfaces, equipment and shared spaces



## Public Health Hotline 1800 671 738 coronavirus.tas.gov.au

