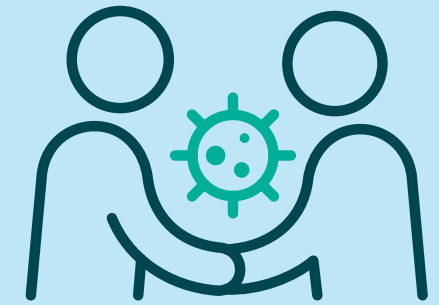


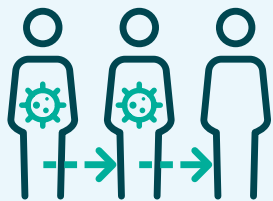
What to do if you are a close contact

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Close contacts are people that live with someone who has COVID-19 or who have spent more than four hours (over a 24-hour period) in a residential setting with a case during their infectious period. Close contacts are at higher risk of catching COVID-19 and then passing the virus on to others.

Public Health recommends close contacts take some simple steps to help reduce the risk to others especially those at risk of severe illness.



A close contact may be:

- anyone who has stayed overnight in the same premises as a case during their infectious period, or
- anyone who has spent more than four hours (over a 24-hour period) in a residential setting with a case during their infectious period.



If you have symptoms stay at home and test immediately. Stay at home while you have symptoms even if you test negative.

Wear a mask if leaving the house for the next 7 days to reduce the risk of spreading COVID-19.

Do not visit people at risk of severe illness (people aged over 70), anyone in hospital or an aged or disability care facility if you have symptoms or while you may be infectious. If you have to visit, take a RAT before you go.



If you work in a high risk setting such as health, disability and aged care, follow the policy of your employer about any steps you may need to take.

Wear a face mask in any indoor space and on public transport. Know your workplace policy for close contacts - they may have steps you need to take when going to work.

Avoid large gatherings and social events where physical distancing is not possible.



If you test positive to COVID-19, Public Health recommends you:

- stay home if you have symptoms
- wear a mask if you do have to leave home
- avoid large gatherings
- don't visit people at risk of severe illness, and
- let your workplace know.

If you used a RAT, please register your positive RAT result online at coronavirus.tas.gov.au/positive-result or call the Public Health Hotline.