
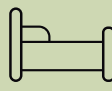










COVID-19, flu and other respiratory illnesses affect people in different ways. Most people will develop mild to moderate illness and recover without hospitalisation. It's important that you monitor your symptoms while you recover and get help if needed. Symptoms can include:




Most common symptoms

| | | | |
|---|-------|---|--|
|  | fever |  | tiredness |
|  | cough |  | loss of taste or smell (COVID-19 patients) |

Less common symptoms

| | | | |
|---|-----------------|---|--|
|  | sore throat |  | diarrhoea |
|  | headache |  | red or irritated eyes |
|  | aches and pains |  | a rash on skin, or discolouration of fingers or toes |

Serious symptoms

| | | | |
|---|---|---|--|
|  | difficulty breathing or shortness of breath |  | loss of speech or mobility, or confusion |
|  | chest pain | | |

Call triple zero (000) immediately if you experience any of the following:

- central or crushing chest pain
- unconsciousness or a seizure (fit)
- severe difficulty breathing or turning blue
- severe bleeding or inability to control bleeding with pressure
- slurred or sudden inability to move or speak, or sudden facial drooping or,
- a severe accident

This is not a list of all possible symptoms. Please contact the COVID@homeplus direct line on **1800 973 363** to discuss any other symptoms that are concerning to you.