Voluntary Assisted Dying in Tasmania

How to complete Form 1 - First Request Form

Voluntary assisted dying is a legal process that enables a person who is suffering from a medical condition to access a substance to end their life.

The voluntary assisted dying process has a number of formal steps, with medical practitioners determining eligibility at each point.

The First Request is a person's formal first request to a medical practitioner to determine whether they are eligible to access voluntary assisted dying.

A First Request can be made verbally, or in writing. A person who chooses to make a written request may use Form 1 – First Request Form if they wish.

These instructions are to help a person who wishes to access voluntary assisted dying (a patient), or another person designated by the patient to do so, to make a written request using Form 1 – First Request Form.

Once all the sections of the form are complete:

- **give** a copy of the completed document to the medical practitioner named in Medical Practitioner Information in Part B of this form, and
- **keep** a copy for your records.

For help, contact:

- the Voluntary Assisted Dying Navigation Service by emailing vad@health.tas.gov.au or calling 1800 568 956, or
- your medical practitioner.

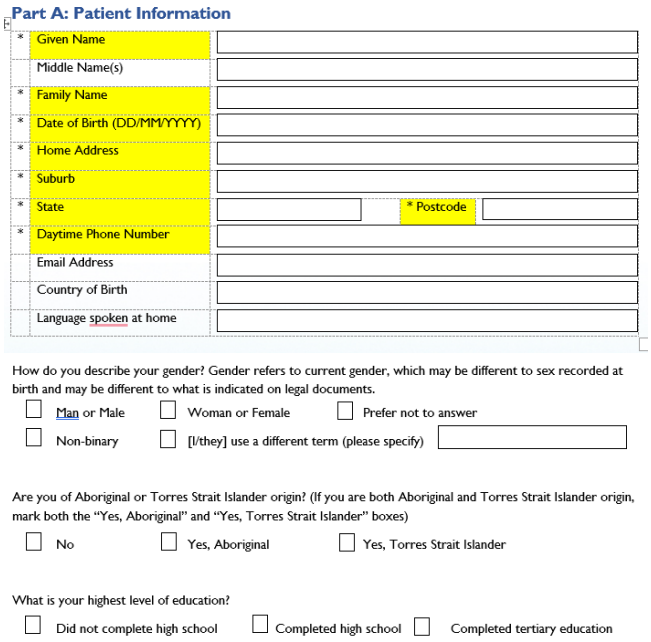
Part A: Patient Information

Completed by

The patient OR another person on the patient's behalf (designated person).

Instructions

Complete the fields highlighted in yellow. Other fields are optional.



Part A: Patient Information

* Given Name	
Middle Name(s)	
* Family Name	
* Date of Birth (DD/MM/YYYY)	
* Home Address	
* Suburb	
* State	* Postcode
* Daytime Phone Number	
Email Address	
Country of Birth	
Language spoken at home	

How do you describe your gender? Gender refers to current gender, which may be different to sex recorded at birth and may be different to what is indicated on legal documents.

☐ Man or Male ☐ Woman or Female ☐ Prefer not to answer

☐ Non-binary ☐ [I/they] use a different term (please specify)

Are you of Aboriginal or Torres Strait Islander origin? (If you are both Aboriginal and Torres Strait Islander origin, mark both the "Yes, Aboriginal" and "Yes, Torres Strait Islander" boxes)

☐ No ☐ Yes, Aboriginal ☐ Yes, Torres Strait Islander

What is your highest level of education?

☐ Did not complete high school ☐ Completed high school ☐ Completed tertiary education

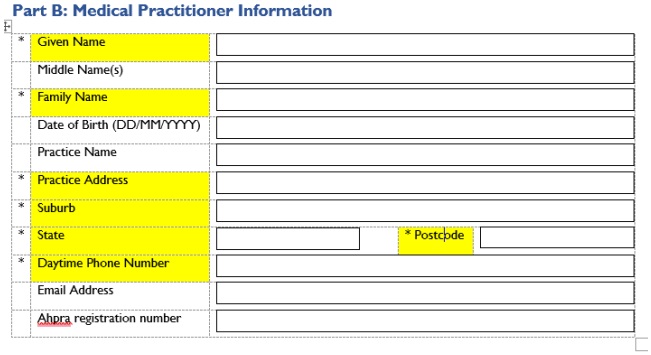
Part B: Medical Practitioner Information

Completed by

The patient OR another person on the patient's behalf (designated person).

Instructions

Complete the fields highlighted in yellow. Other fields should also be completed if possible.



Part B: Medical Practitioner Information

* Given Name	
Middle Name(s)	
* Family Name	
Date of Birth (DD/MM/YYYY)	
Practice Name	
* Practice Address	
* Suburb	
* State	* Postcode
* Daytime Phone Number	
Email Address	
Ahpra registration number	

Part C: Other Medical Practitioner Information

Complete the fields highlighted in yellow.

Is the medical practitioner named in Part B of the form your usual medical practitioner?

Yes – place a tick in the box next to "Yes" and **skip** the Usual Medical Practitioner Information

No – place a tick in the box next to "No" and complete the fields highlighted in blue. Other fields should also be completed if possible.

Do you have a specialist?

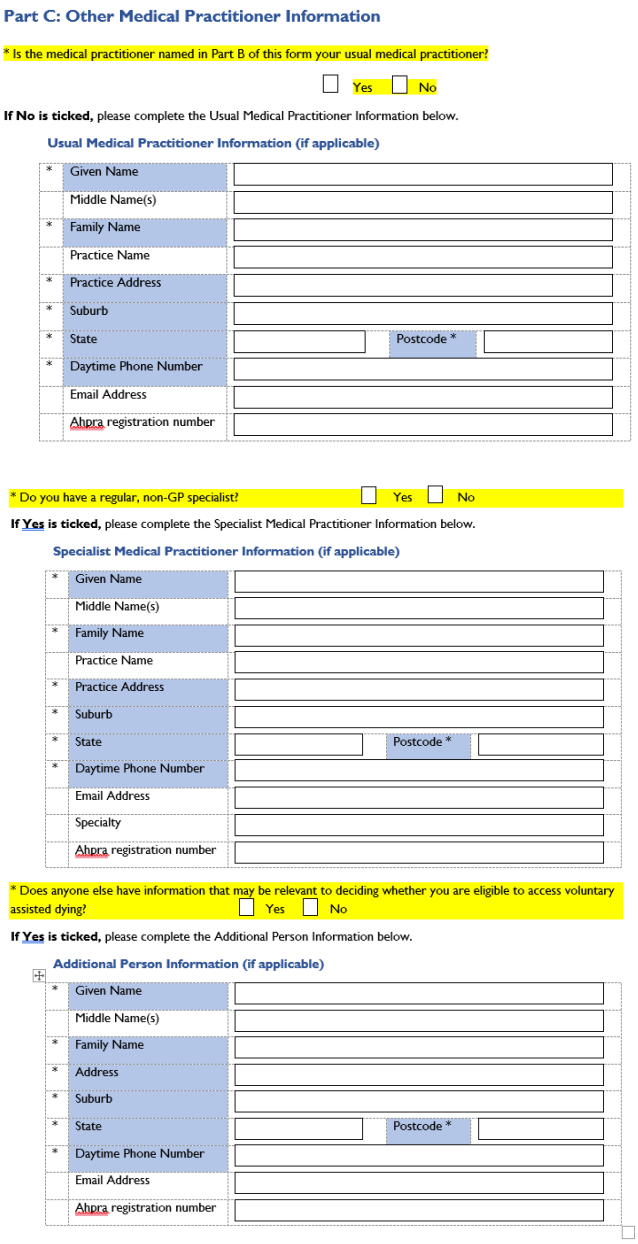
No – place a tick in the box next to "No" and **skip** the Specialist Medical Practitioner Information

Yes – place a tick in the box next to "Yes" and complete the fields highlighted in blue. Other fields should also be completed if possible.

Does anyone else have information that may be relevant?

No – place a tick in the box next to "No" and move to **Part D: Communication Assistance**

Yes – place a tick in the box next to "Yes" and complete the fields highlighted in blue. Other fields should also be completed if possible and applicable.



Part C: Other Medical Practitioner Information

* Is the medical practitioner named in Part B of this form your usual medical practitioner? ☐ Yes ☐ No

If No is ticked, please complete the Usual Medical Practitioner Information below.

Usual Medical Practitioner Information (if applicable)

*	Given Name	
	Middle Name(s)	
*	Family Name	
	Practice Name	
*	Practice Address	
*	Suburb	
*	State	Postcode *
*	Daytime Phone Number	
	Email Address	
	Ahpra registration number	

* Do you have a regular, non-GP specialist? ☐ Yes ☐ No

If Yes is ticked, please complete the Specialist Medical Practitioner Information below.

Specialist Medical Practitioner Information (if applicable)

*	Given Name	
	Middle Name(s)	
*	Family Name	
	Practice Name	
*	Practice Address	
*	Suburb	
*	State	Postcode *
*	Daytime Phone Number	
	Email Address	
	Specialty	
	Ahpra registration number	

* Does anyone else have information that may be relevant to deciding whether you are eligible to access voluntary assisted dying? ☐ Yes ☐ No

If Yes is ticked, please complete the Additional Person Information below.

Additional Person Information (if applicable)

*	Given Name	
	Middle Name(s)	
*	Family Name	
*	Address	
*	Suburb	
*	State	Postcode *
*	Daytime Phone Number	
	Email Address	
	Ahpra registration number	

Part D: Communication Assistance

Completed by

The patient OR another person on the patient's behalf (designated person).

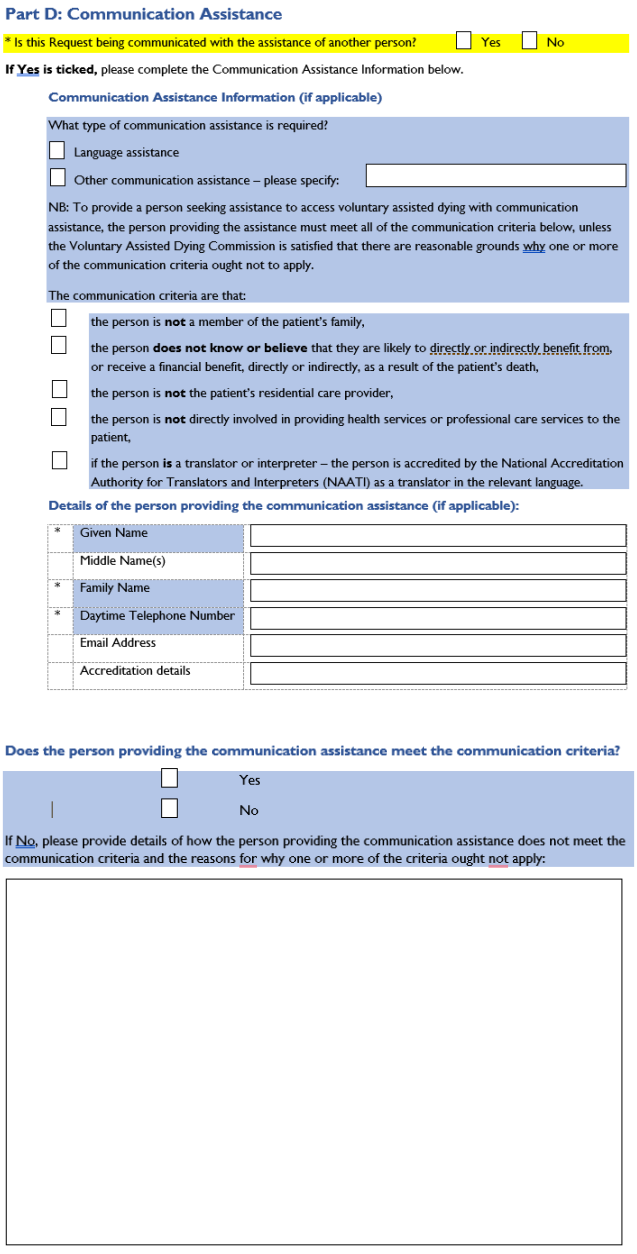
Instructions

Complete the fields highlighted in yellow.

Is the request being communicated with the assistance of another person?

No – place a tick in the box next to "No" and move to **Part E: First Request**

Yes – place a tick in the box next to "Yes" and complete the section highlighted in . Other fields should also be completed if possible.



Part D: Communication Assistance

* Is this Request being communicated with the assistance of another person? ☐ Yes ☐ No

If Yes is ticked, please complete the Communication Assistance Information below.

Communication Assistance Information (if applicable)

What type of communication assistance is required?

☐ Language assistance

☐ Other communication assistance – please specify:

NB: To provide a person seeking assistance to access voluntary assisted dying with communication assistance, the person providing the assistance must meet all of the communication criteria below, unless the Voluntary Assisted Dying Commission is satisfied that there are reasonable grounds why one or more of the communication criteria ought not to apply.

The communication criteria are that:

☐ the person is **not** a member of the patient's family,

☐ the person **does not know or believe** that they are likely to directly or indirectly benefit from, or receive a financial benefit, directly or indirectly, as a result of the patient's death,

☐ the person is **not** the patient's residential care provider,

☐ the person is **not** directly involved in providing health services or professional care services to the patient,

☐ if the person **is** a translator or interpreter – the person is accredited by the National Accreditation Authority for Translators and Interpreters (NAATI) as a translator in the relevant language.

Details of the person providing the communication assistance (if applicable):

*	Given Name	
	Middle Name(s)	
*	Family Name	
*	Daytime Telephone Number	
	Email Address	
	Accreditation details	

Does the person providing the communication assistance meet the communication criteria?

☐ Yes

☐ No

If No, please provide details of how the person providing the communication assistance does not meet the communication criteria and the reasons for why one or more of the criteria ought not apply:

Part E: First Request

Completed by

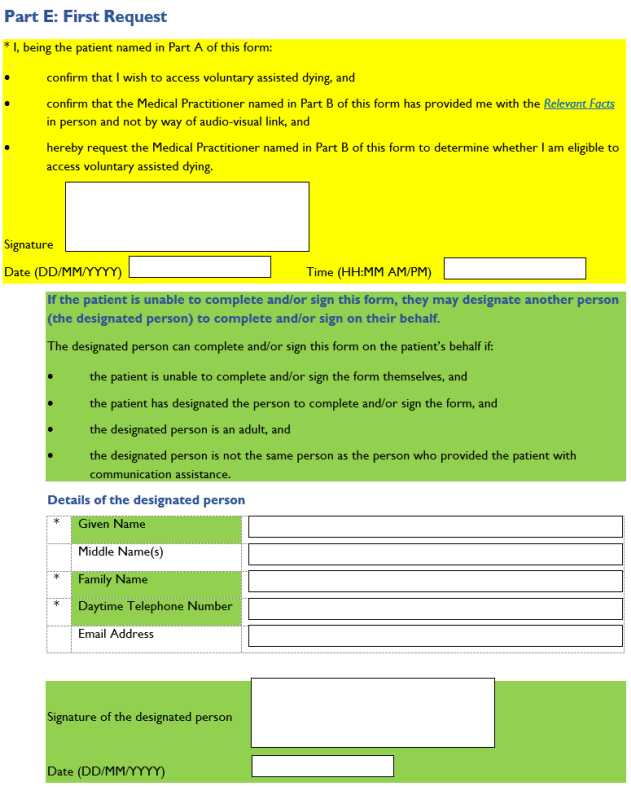
The patient OR another person on the patient's behalf (designated person).

Instructions

Can the patient sign the form?

Yes – the patient completes the yellow section.

No – the designated person completes the green section. Other fields should also be completed if possible.



Part E: First Request

* I, being the patient named in Part A of this form:

- confirm that I wish to access voluntary assisted dying, and
- confirm that the Medical Practitioner named in Part B of this form has provided me with the *Relevant Facts* in person and not by way of audio-visual link, and
- hereby request the Medical Practitioner named in Part B of this form to determine whether I am eligible to access voluntary assisted dying.

Signature

Date (DD/MM/YYYY) Time (HH:MM AM/PM)

If the patient is unable to complete and/or sign this form, they may designate another person (the designated person) to complete and/or sign on their behalf.

The designated person can complete and/or sign this form on the patient's behalf if:

- the patient is unable to complete and/or sign the form themselves, and
- the patient has designated the person to complete and/or sign the form, and
- the designated person is an adult, and
- the designated person is not the same person as the person who provided the patient with communication assistance.

Details of the designated person

* Given Name	
Middle Name(s)	
* Family Name	
* Daytime Telephone Number	
Email Address	

Signature of the designated person

Date (DD/MM/YYYY)

Part F: Consent to Provide Relevant Facts

Completed by

The patient OR another person on the patient's behalf (designated person).

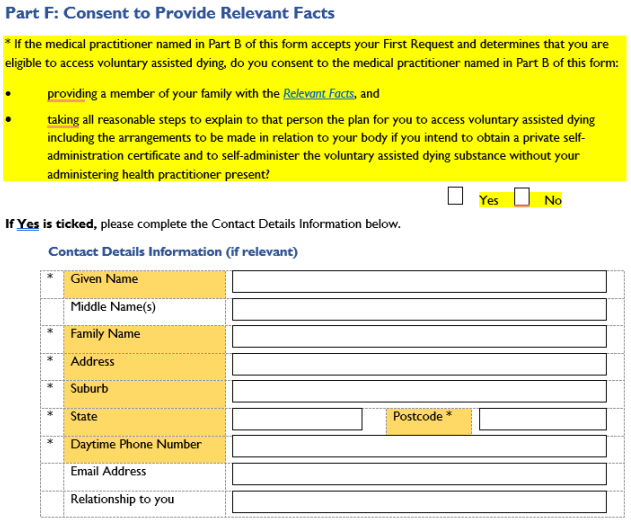
Instructions

If the medical practitioner named in Part B of the form accepts the patient's First Request and determines that the patient is eligible to access voluntary assisted dying, does the patient consent to the medical practitioner providing a member of their family with the Relevant Facts, and explaining the plan for the patient to access voluntary assisted dying?

Complete the fields highlighted in yellow.

No – place a tick in the box next to "No" and move to **Part G: Consent to Provide Determination**

Yes – place a tick in the box next to "Yes" and complete the section highlighted in gold. Other fields should also be completed if possible.



Part F: Consent to Provide Relevant Facts

* If the medical practitioner named in Part B of this form accepts your First Request and determines that you are eligible to access voluntary assisted dying, do you consent to the medical practitioner named in Part B of this form:

- providing a member of your family with the *Relevant Facts*, and
- taking all reasonable steps to explain to that person the plan for you to access voluntary assisted dying including the arrangements to be made in relation to your body if you intend to obtain a private self-administration certificate and to self-administer the voluntary assisted dying substance without your administering health practitioner present?

☐ Yes ☐ No

If Yes is ticked, please complete the Contact Details Information below.

Contact Details Information (if relevant)

* Given Name	
Middle Name(s)	
* Family Name	
* Address	
* Suburb	
* State	Postcode *
* Daytime Phone Number	
Email Address	
Relationship to you	

Part G: Consent to Provide Determination

Completed by

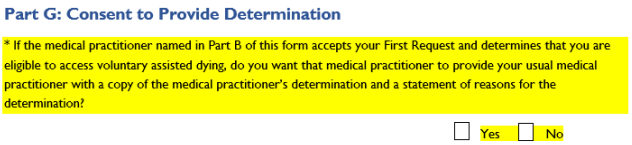
The patient OR another person on the patient's behalf (designated person).

Instructions

If the medical practitioner named in Medical Practitioner Information in Part B of this form accepts the patient's First Request and determines that the patient is eligible to access voluntary assisted dying, does the patient consent to that medical practitioner providing the patient's usual medical practitioner with a copy of the medical practitioner's determination and a statement of reasons for the determination?

No – place a tick in the box next to "No".

Yes – place a tick in the box next to "Yes".



Part H: Additional Information

Completed by

The patient OR another person on the patient's behalf (designated person).

Instructions

Is there anything the patient would like to add?

No – place a tick in the box next to "No".

Yes – place a tick in the box next to "Yes" and provide details in the box.