

# Welcome to BreastScreen Tasmania



BreastScreen Tasmania provides a free breast cancer screening program for women over 40 with no breast symptoms. BreastScreen aims to find breast cancer early when treatment can be most effective.

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## Before Screening



- Find out about your family history of breast and ovarian cancer.
- Complete your “Symptom and History Form” before your appointment if possible, and bring it along with you.
- If you are breast feeding, pregnant, or if there is a chance that you may be pregnant, call **13 20 50** to discuss your options before your appointment.
- If you have any limitations or breast implants and you have not told us, please call **13 20 50** before your appointment to book a longer time.

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## At Screening



- A screening mammogram is an x-ray of your breasts, which will be taken by a female radiographer.
- Breast screens can find cancers that are too small to see or feel. The earlier breast cancer is found the better the chance of a good outcome.
- Each time you have a breast screen, your breasts are exposed to a very small amount of radiation.
- Research shows that the benefits of breast screens in finding cancer early outweigh any x-ray radiation risks.

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## After Screening



- Your results will be sent to you in 2-4 weeks.
- We will contact you via phone if more tests are needed.
- About 1 in 20 women who are screened are asked to come back for further tests.
- Most clients who are called back do not have breast cancer.

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## 2 Years Later



- Most clients are asked to return in 2 years' time.
- We will tell you if you have to come every year.
- You will be sent a reminder when it is time for your next breast screen.
- If you are aged 75 and over you will not get a reminder, but you are able to make an appointment with us every two years.

Even if you take part in screening, it is important to be **breast aware** because breast cancer can occur at any time. Get to know the normal look and feel of your breasts.

See your doctor right away if you notice any unusual changes, such as lumps, pain or a nipple discharge.



BreastScreen  
**TASMANIA**

Tasmania's only accredited screening service



Tasmanian  
Government

**13 20 50**