

This fact sheet gives you important information about the general use and care of a bath transfer bench. It describes how to install, use and care for the bath transfer bench.

**This fact sheet does not replace specific instructions given to you by the equipment prescriber.**

### Installing the transfer bench

1. Place the two legs of the transfer bench with suction pads inside the bath or shower and the other two legs outside the bath or shower.
2. Place the transfer bench so you are facing the taps and shower when sitting on the transfer bench. The armrest should be inside the bath or shower. The backrest can be changed from side to side so you can face the taps and have the armrest in the correct position.
3. Use the height adjusting buttons on the legs to adjust the legs so the seat is level. The legs inside the bath may need to be shorted as the bath base is often higher than the floor level.
4. Make sure that the height adjusting buttons on the legs are 'popped out fully' before sitting on the transfer bench.



### Using the transfer bench

1. Sit on the end of the bench.
2. While facing toward the taps slide your bottom across until over the bath.
3. Swing legs into the bath while remaining seated.
4. Remain sitting, or then stand to shower, as recommended by the prescriber.
5. If standing when shower completed, return to the seated position.
6. Slide your bottom across the bench towards the outer edge or the bath.
7. While seated lift your legs out of, and over, the side of the bath.
8. Stand carefully.

### Care of the transfer bench

- Dry the transfer bench after each use with a towel, including the adjustable legs, to prevent any damage.
- If the transfer bench becomes soiled, clean the bench immediately with warm, soapy water.
- Regularly check the rubber stoppers on each leg are not cracked or worn.
- Routinely inspect for rust, that the frame is straight and the vinyl or plastic are intact.

### Repairs to your equipment

If your equipment is broken, damaged, rusted or worn contact your local TasEquip warehouse to arrange for repair or replacement. Please call 1300 827 378 or contact your regional warehouse directly:

#### North

53 Dowling Street  
(Old Becks Hardware site - entry is off Henry Street)  
Launceston  
Phone: 6777 4336  
Email: [NthTasEquip@ths.tas.gov.au](mailto:NthTasEquip@ths.tas.gov.au)

#### North West

Mersey Community Hospital  
Moriarty Road  
Latrobe  
Phone: 6478 5599  
Email: [NWTasEquip@ths.tas.gov.au](mailto:NWTasEquip@ths.tas.gov.au)

#### South

Repat Centre  
90 Davey Street  
Hobart  
Phone: 6166 7393  
Email: [SouthTasEquip@ths.tas.gov.au](mailto:SouthTasEquip@ths.tas.gov.au)

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