

Older Persons Mental Health Services

Fact Sheet | June 2022



We provide a free and confidential mental health service to assist older people with serious mental illness and psychiatric symptoms. Care within the community is emphasised, with limited services being centre based. Care is provided in partnership with clients, their family, and carers.

Services we provide

Our services consist of

- Community teams based in each region of Tasmania
- A statewide inpatient service for assessment and treatment. This service is located in the South.
- A Day centre (in the South only)

Our Team includes

- Nurses
- Allied Health Professionals
- Registrars
- General Practitioner
- Psychiatrists
- Support staff

How to access our service

- If you believe that you or someone you know needs help, **a referral to the Access Mental Health Service** can be made by your doctor or another health professional via fax **03 6173 0306**
- You can also phone the **Access Mental Health** service for advice, assessment, referral, and support via free call **1800 332 388**

Access Mental Health is a confidential phone service available until from 9 am to 10 pm, 7 days a week and staffed by Mental Health clinicians.

Please note that Access Mental Health will determine eligibility for services and prioritise referrals. They will assess your needs and may provide contact details for another service that are more suitable to assist you.

Your care

A key part of the care we provide is case management which includes:

- Information, support, and counselling for individuals and families.
- Assessment of mental health problems.
- Treatment advice and support in community and inpatient settings.
- Home visits as appropriate or required.
- Liaison and referrals with other health care professionals and service providers as needed.
- Community education and health promotion.



Service contact details

Contact our community teams

Location	Phone
North	6777 4985
North West	6477 7737
South	6166 6783
Roy Fagan Centre	6166 6370
Roy Fagan Day Centre	6166 6353

Useful contact numbers

A list of useful contact numbers is given below.

Organisation	Phone
Access Mental Health	1800 332 388
Advocacy Tasmania	1800 005 131
Alcohol and Drug Information Service (ADIS)	1800 250 015
Dementia Behaviours Management Advisory Service	1800 699 799
Family Violence Counselling and Support	1800 608 122
Guardianship and Administration Board	1300 799 625
Lifeline (Crisis Counselling 24 hr)	13 11 14
Mental Health Carers Tas.	1800 985 944
My Aged Care (including carer respite)	1800 200 422
National Dementia Helpline	1800 100 500
Official Visitors Program	1800 001 170
Relationships Australia Tas.	1300 364 277

Tasmanian Health Service Buildings are smoke-free sites.



Department of Health
1300 135 513
www.health.tas.gov.au

Statewide Mental Health Service welcomes feedback from clients, carers, and family members to help us improve care. Talk to one of our team, fill in a consumer feedback form.

The Tasmanian Health Service integrates acute, primary and community services. This integration has given service providers the flexibility to ensure people have the best services we can provide, as close as possible to where they live.