Keep safe from burns

Most burns in the home usually occur in the kitchen.

PREVENT

Take action to prevent burns and scalds to yourself and others

Keep hot liquids and food off the ground, away from edges, and out of reach of children.

Drain hot liquid from noodles for children.

If a pot, pan or wok catches fire, if safe cover it with a lid or fire blanket and turn off the heat.

Do not try to move the pan.

Never throw water on an oil fire.

Never use outdoor cooking equipment inside.

PREVENT **REMOVE** **COOL** **COVER** **SEEK**

Learn more from the Tasmanian Burns Unit at **health.tas.gov.au**/burns

Kidsafe Child Accident Prevention Foundation of Australia

National Burns Awareness Month

the power of humanity Australian Red Cross

Tasmania Fire Service

ANZBA Australian & New Zealand Burn Association

Tasmanian Government