**PARKING**

Argyle Street Car Park

Open: 7am – 10pm, 7 days a week

This information was correct at time of publication. For updated information please refer to www.hobartcity.com.au

Market Place Car Park

Open: 24 hours a day, 7 days a week.

Vodafone Central

Cnr Argyle and Bathurst Street, Hobart

Open: 24 Hours a day, 7 days a week

Street Parking

Metered parking spaces are available outside the hospital in Campbell and Argyle Streets.

Short Term Parking

Short term parking for people with disabilities, and/or for patient drop off/ pick up is available outside the Hospital at the Argyle and Liverpool Street entrances.

Hospital Access

The Liverpool Street entrance to the hospital is accessible 24 hours a day, seven days per week. The Argyle entrance is closed between the hours of 8.30pm to 6am. The Campbell Street entrance is currently closed due to redevelopment works.

# Redevelopment Works

Due to the redevelopment of the hospital some drop/off pick up areas and entrances may be closed during building works. Contact Details

Burns Outpatient Unit

Level 12, Wellington Clinics

Argyle Street, Hobart

**Business Hours**

Telephone: 03 6166 0098

Fax: 03 6234 9636

**Wednesdays, Weekends, Public Holidays and After Hours Contact:**

Telephone: 03 6166 8566

Fax: 03 62349636

The Royal Hobart Hospital (RHH) is Tasmania’s largest hospital and provides a number of statewide services including cardiothoracic surgery, neurosurgery, burns, hyperbaric and diving medicine, neonatal and paediatric intensive care and high-risk obstetrics.

RHH is also Tasmania’s major teaching and research hospital and works closely with the University of Tasmania. Many health care professions are taught within RHH; an important part of training is learning about examining and interviewing patients.

We ask for your cooperation with our teaching and research activities. Your permission is required for participation.

The RHH welcomes feedback from patients and visitors to help us better understand your needs and improve care. Contact the Consumer Liaison Unit on (03) 6166 8154.

The RHH is a smoke-free site



Date: February 2019 Review Date February 2021

Surgery – Ablative Fractional C02 for Burns Scars -20191101



Tasmanian
Burns Unit

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 Ablative Fractional CO2 Laser for Burn Scars

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#  Consumer Information Brochure

# How does the ablative fractional CO2 laser work?

This laser produces intense light, which is transformed into heat in the skin, which creates hundreds of small injuries to the skin while leaving the surrounding areas uninjured. These microscopic wounds stimulate the body to change the structure of the scar which potentially results in a softer, flatter scar that improves movement across joints. Most patients require three to six treatment sessions with intervals of at least six weeks to achieve the best result.

Every patient reacts and responds differently. Some patients feel a difference after the first treatment; other patients experience a gradual reduction of pain, itch, and a softer, flatter scar with greater mobility over time. Some patients have reported no effect or response.

**What side effects can occur?**

Side effects which may or may not occur and which will usually disappear completely:

* pain, swelling and redness
* itching

pinpoint bleeding

* wound can be crusted and itchy
* clear fluid discharge from the wound
* discolouration- red to purple for two to three weeks

# What are the potential risks of this treatment?

* As artificially small injuries are created, there is a small risk of infection.
* Lasers are an eye-hazard and we will provide you with protective goggles or corneal shields during the procedure.
* Change in colour of the scar can occur
* As the laser light is absorbed by the body, and turned into heat, there is a risk of causing a burn within the scar.
* No effect/no response to treatment
* General risks of anaesthesia.

# On the day of the operation:

# Follow the instructions provided to you.

# Do not use any hairspray, gel or mousse in your hair as it is a flammable product.

**If you have any concerns or questions please call the Burns Outpatient Clinic on 03 6166 0098.**

# *Modified with Permission from the*

# *Burns Unit Concord Repatriation Hospital*What do I have to do after the laser treatment?

The wound dressing should stay in place for 48 hours. You can then shower normally and remove the dressing in the shower.

Start applying hydrocortisone ointment 1% twice a day to the affected area for five to seven days. Then start using a non perfumed moisturiser at least four times a day.

You can wear your compression-garments again after three days if there are no open wounds.

Avoid contact sports for six weeks, as the scar is active for a prolonged time and can easily be injured.

Avoid Swimming for two weeks after treatment.

Always protect your scar from the sun using sunblock SPF 50 and ideally covered by clothing to avoid sunburn and hyperpigmentation.

If areas around your lips are treated, you may receive tablets as an antiviral prophylaxis for 5 days, starting on the night before your treatment, to prevent an outbreak of herpes simplex (cold sores).

After your laser treatment, you will be given a follow-up appointment in the Burns Outpatient Clinic.

If you have not received an appointment for a follow up in the Burns Outpatient Clinic or theatre booking please call the Burns Outpatient Clinic on 03 6166 0098 ASAP (within a week following your treatment).