



On quitting:
People feel empowered.
They are not controlled
by the cigarettes.

LET'S
START
A
CONVERSATION

ROHAN

Rohan is a registered nurse and has worked in the mental health sector for 20 years.

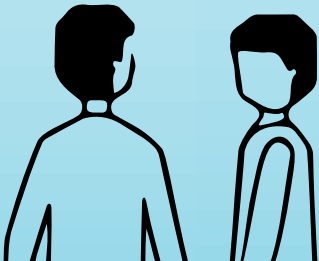
He is committed to improving the physical health of people with a mental illness. This focuses on diet and physical activity as well as smoking.

Rohan is also keen to change the culture of smoking among mental health staff, so they too are leading healthier lives.



Quitline®
13 7848

GET THE SUPPORT YOU NEED TO STOP SMOKING



Talk to your:

- Doctor
- Health worker
- Support worker
- Pharmacist
- Another member of your care team



Tasmanian
Government