

Oral Health Promotion Strategic Plan 2017-2022

What do we want to do?

***Improve the health of Tasmanian people
through better oral health***

We will do this by:

- Supporting programs that will help all Tasmanians manage their wellbeing through good oral health.
- Prioritising Tasmanians most in need.
- Focusing on early intervention and prevention.
- Making healthier choices easier for people.



Healthy Mouth ✓ Healthy Body

ORAL HEALTH PROMOTION STRATEGIC PLAN 2017-2022

Prevention

Work with the population and individuals, focussing on those most in need.

- Support water fluoridation.
- Promote the use of fluoride.
- Focus on early intervention, preventive care and helping people stay healthy.

Understanding

Ensure our workforce understands the role they can play in promoting good oral health.

- Build present and future workforce knowledge of oral healthy literacy, current health promotion and public health care.
- Support staff to be active partners in early intervention and prevention activities at the chairside and in the community.
- Broaden our understanding of the diverse needs and values of our consumers and communities.

Partnerships

Continue to work with partners and environments that can support good oral health.

- Build a greater understanding and knowledge of good oral health and how it fits into their role.
- Work towards oral health being integrated into general health and education programs and curriculums.
- Support programs that make healthy choices easier and work with partners who also address common lifestyle risks.

Evidence Based

Use solid evidence to decide on all interventions, programs and priority populations.

- Use evidence to provide consistent and appropriate care, especially for those in most need.
- Promote evidence based messages and interventions in ways that will suit our priority populations.
- Improve reporting and evaluation of what we do.

Oral Health Promotion Statewide Strategic 2017-2022



Our plan is underpinned by
Healthy Mouths, Healthy Lives: Australia's National Oral Health Plan 2015-2024
and is based on the health promotion principles of the Ottawa Charter,
Jakarta Declaration and the Bangkok Charter.

Prevention

We will have a strong preventive focus, working with individuals and our partners across the population to help prevent problems before they start.

We will promote and support the benefits of fluoride to the population, expand our delivery of early intervention and preventive programs to our priority populations and make sure those most in need can access timely dental care.

There will be a continued focus on pregnant women and young children, as we know that preventive interventions in the ante natal and early years can deliver lifelong benefits.

We also know that not everyone has the same life experiences or opportunities and this can affect our oral and general health outcomes. So we can provide fair and equitable care for all, we will use additional targeted strategies for those most in need.



Understanding

We will build the oral health promotion knowledge and skills of all of our staff across the state. By doing this, we will ensure that all Tasmanian's have the same opportunity to work towards managing their own oral health and wellbeing.

Partnerships

We will continue to build the oral health knowledge of multiple partners, especially partners who work with our target groups. This knowledge can help embed oral health into their practice, provide appropriate referral pathways and improve their clients' knowledge of how to protect their own oral health. Partners will be encouraged to include oral health in general health assessments, curriculums, policies and standards.

Evidence Based

Solid evidence will decide what we do and who we target across the state. We will gather evidence from our current programs to help us decide where or if new programs are needed. Evidence will be used to provide consistent and appropriate care, especially for those in most need.



Working with all ages to have healthy smiles