School Audit

– We respect every body

Get a picture of what is happening in your school and start to understand how your school environment, practices and partnerships influence young people’s body image.

| Question and Answer | Comments |
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| 1. Does our school mission statement include information about providing a body positive environment and celebrating diversity? |  |
| 1. Does our school have a formal policy that prohibits appearance-related teasing and bullying, including cyber-bullying? |  |
| 1. Does our school use learning resources that reflect the range of body shapes and sizes?   Yes. This is school policy.  Most of the time  Some of the time  No |  |
| 1. When our school uses images of students in school newsletters, posters and other resources, does it include students of different body shapes and sizes?   Yes. This is school policy.  Most of the time  Some of the time  No |  |
| 1. Does our school promote being active and eating well as normal parts of every day for students of all body shapes or sizes? |  |
| 1. Do teachers at our school use body-friendly and size-inclusive language? Have they had training to help them support students on this topic? |  |
| 1. Does our school teach students how to evaluate health and wellbeing information? Do students learn how to be critical of media messages about physical appearance? |  |
| 1. Does our school weigh or do other physical measurements or assessments on students or staff (other than for health research carried out by government or research organisations)? |  |
| 1. Does our school uniform and PE uniform suit a range of body shapes and sizes? |  |
| 1. Does our school involve students in some decision-making about ways to support positive body image? |  |
| 1. Does our school provide information to parents and carers about how they can support their child to have positive body image? |  |
| 1. Does our school work with families, carers and community partners to encourage acceptance of body diversity among the school community? |  |