School Audit

– Healthy food is the main food

Get a picture of what is happening in your school and start to understand how your school environment, practices and partnerships influence young people’s food choices.

| Question and Answer | Comments |
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| 1. What does our school do to encourage all students to eat fruit and vegetables?   Include fruit and vegetables in food at the school canteen.  Use a range of fruit and vegetables in classroom cooking activities and home economics  Offer fruit and vegetables at school events (school BBQs, class parties, school trips)  Have classroom fruit/vegetable breaks  Run activities involving the school fruit/vegetable garden  Other. Please describe. |  |
| 1. Are students allowed to eat in the classroom during class time?   No  Some grades/classes only  Yes. What are students allowed to eat during class time? |  |
| 1. Does our school have:   Fruit trees  Other fruit (e.g. berries)  Vegetable garden  Herb garden  How are students involved? Tick all that apply  Not at all  Looking after them  Eating the food  Cooking the food |  |
| 1. Has our school worked with the Tasmanian School Canteen Association to improve our canteen menu?   Yes  In progress  No  If yes, is our canteen accredited?  Yes  In progress  No  Accreditation award Level:  Gold  Silver  Bronze |  |
| 1. When are ‘sometimes’ foods available at our school?   Every recess and lunch break (canteen/vending machine)  Some recess and lunch breaks only  Formals/school socials  Performances/plays  School fairs or BBQs  Sports events  Camps/excursions  Fundraising  Classroom awards  Other |  |
| 1. What ‘sometimes’ foods are provided in the school canteen or vending machines? How much do they cost? |  |
| 1. What ‘everyday’ foods are provided in the school canteen or vending machines? How much do they cost? |  |
| 1. How does our school promote the benefits of ‘everyday’ foods?   It doesn’t  Through a breakfast club  Through the canteen  Information for families  In class  Other |  |
| 1. Does our school have a student-friendly eating area?   No  Yes  Yes, but not all students use it  Performances/plays  Did students have input to the design or layout of this area? |  |
| 1. Does our school have kitchen equipment and facilities to help students bring food from home?   Fridge  Microwave  Toaster  Sandwich press/toaster  Kettle  Other |  |
| 1. Does our school work with families, carers, and community partners to support healthy eating? List important community partners. |  |