

Protecting yourself and others from coronavirus

Self assessment for risk of coronavirus (COVID-19)



This interim guidance is based on what is currently known about coronavirus (COVID-19) and the current situation in Tasmania. The Tasmanian Government will update interim guidance as needed and as additional information becomes available. This interim guidance is to help everyone respond appropriately to this public health threat.

Do you have a fever $\geq 38^{\circ}\text{C}$ (or signs of a fever)?
e.g. night sweats, chills AND/OR respiratory
symptoms, such as cough, shortness of
breath or sore throat?

NO

Testing is not recommended

YES

In the 14 days before your symptoms started,
did you have close contact* with a person
known to have COVID-19?

YES

NO

In the 14 days before your symptoms started,
did you spend any time overseas or interstate?

YES

NO

In the 14 days before your symptoms started,
did you spend any time
on a cruise ship?

YES

NO

Are you a healthcare, aged care or residential
care worker?

YES

NO

Do you live in a residential facility eg aged care,
where another person also has fever an/or
respiratory symptoms?

YES

NO

It is unlikely you have COVID-19. Testing is
not recommended. If you are concerned about
your symptoms, call your GP or Healthdirect
(1800 022 222). If your symptoms are extreme,
go to the emergency department or call 000 for
an ambulance.

**You must isolate yourself
from others.**

Call your GP or or the Public Health
Hotline (1800 671 738). You may need
to be tested for COVID-19.

* Close contact is 15 minutes face-to-face or two hours within the same room.